

Community Health Coalition, Inc. (CHC)

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Community Health Coalition, Inc.



Healthy People
2030

Improving the health of Durham
& NC communities since 1989

April 2020

Minority Health and COVID 19 Awareness

Community Health Coalition Vision, Mission and Purpose for Existing 30 Years is to Reduce Health Disparities and Promote Health Equity!

The vision of CHC is a society in which all people live long, healthy, active lives full of purpose and promise. CHC and its partners strive to achieve health equity and to eliminate racial health disparities in Durham County and the surrounding areas.

In accordance with Healthy People 2030, CHC focuses and coordinates efforts to close the gap of health access, mortality, and health outcomes between African Americans and the general population through health education, promotion, advocacy, and referrals.

One of our overarching goals is to establish social and physical environments that encourage informed decision-making for personal health across all stages of life. With the COVID 19 pandemic, it is more evident than ever before that we should look at how health plays a vital role in the outcomes of our environments.

Elaine Hart-Brothers, MD, Co-founder and Executive Director of Community Health Coalition, says “In these uncertain times and with uncertain science, we truly realize that Health is Wealth. The CHC will “Spring” to a new focus and is launching **HEALTHY PEOPLE 2030**, an opportunity to move forward with positive possibilities and leave inequities in the past. Healthy People 2030 plans to be more inclusive, policy driven and offer more complete physical and mental health promotion federal programs. In society’s journey toward Health Equity, our community can move forward with good health as individuals, families and the population.”



Elaine Hart-Brothers, MD, MPH, FACP

Gun Violence Awareness

With more people staying in the homes during the COVID 19 pandemic -- spousal abuse, pent up emotions, anxiety, anger and fear can become prevalent. Injury or death from gun violence can be a tragedy in the community because it is preventable. **Dr. Hart-Brothers** says, “At these times we truly need unity in the community and need to avoid domestic and neighborhood violence. Learn to find your own emotional health and calmness in any situation. Either do not own a gun or practice very strict gun safety.”

Protect Yourself from the Coronavirus 19 (COVID 19). Take Precautions to Live Long, Healthy, Active Lives Full of Purpose and Promise

COVID 19 hits everyone! African Americans have a higher burden of chronic diseases. It has been proven that COVID 19 is more deadly in patients with diabetes, sarcoid, asthma and lupus.

Across the country and the globe, we are facing uncertainty and unforeseen challenges due to the rapid spread of COVID-19. What remains clear, however, is that we are committed to doing what is best for the health and safety of our partners, donors, and the vulnerable populations that we serve. To support our co-workers, partners, and the community, we are encouraging remote working, safe social distancing, sanitizing all surfaces, wearing protective equipment, limiting the risk of exposure, and caring for those with chronic conditions and our seniors.

Participation in the prevention of the spread of COVID 19 from all sectors in the community (churches, schools, government, neighborhoods) is needed, because all sectors of society will suffer and/or benefit from the health and well-being of the population.



ABC's Toward Good Health and Prevention of COVID 19

Allow space between people so not to spread disease. **A**lways wash your hands and practice social distancing.

Be positive. **B**e Informed about constant changes and updates with local, state and national guidelines.

Connect virtually to your community, faith, family, friends, work and healthcare provider.

FOR MORE INFORMATION, CLICK ON LINKS BELOW OR GO TO

- Health Disparity, go to: <https://www.cdc.gov/vitalsigns/aahealth/infographic.html>
- www.blackdoctor.org
- COVID 19 Virus, go to: <https://www.ncdhhs.gov/>

Please Donate: At this time due to local, state and federal mandates to slow the spread of COVID 19 virus, **we have decided to temporarily postpone our May Community Meeting and Events.** We will still be depending on you and our partners to provide donations to CHC at this time. Your contributions will help us further our mission of creating health equity for all, even during this critical time in our history. Your help and support will be much appreciated. We will keep you updated as things continue to evolve. **You can Make a Donation to Community Health Coalition through SECC or PayPal. If you are a state employee or retiree, choose (Code 3770) to send your SECC gift to us!**

Click below to make a payment↓



<https://www.chealthc.org/donate>

Once page is opened, scroll down to bottom and click on the **yellow donate icon** for PayPal to open. Thank you.



ADOPT Healthy People 2030! Be Safe!