FREE BLOOD PRESSURE CLASSES!

Tuesdays 6:00 PM * Zoom or Phone

You can join with the link below, or by scanning the QR code in the attached document, or by dialing in on your phone (phone # on attached document).

**HOW DO I JOIN?**

Scan the QR Code on the right  
or click the link through the  
website using the steps below:

lincolnhchc.org > ≡ > PT Education  
> Virtual Classes

You can also call in by dialing  
301-715-8592  
Meeting ID #:  
963 2825 0349

Zoom Password: 2021

If you are getting your After-Visit Summary on MyChart, you can just click on this link:  
https://duke.zoom.us/j/96328250349?pwd=V0NTZ0x5RnJELzE2K29xcUl5eU04UT09

Brought to you by Lincoln Community Health Center & colleagues at Duke University Medical Center.