

Annual Report
2023

Dr. Ruth Phillips,
Executive Director



COMMUNITY
HEALTH COALITION

*Improving the Health of Durham
& NC Communities since 1989*

2023

- Community Health Coalition Staff and Interns
- Grant Awards
- 2023 Community Engagement Highlights and Collaborations
- On The Horizon in 2024

OUR TEAM



Dr. Ruth Phillips
Executive Director



Carmelita Spicer
Grants Administrator &
Board Liaison Director



Dolores Blue
Community Outreach
Specialist



Vivian Jackson
Project Coordinator



Shawntai Gillenwater
Digital Platform and
Community Outreach
Coordinator

OUR SUPPORT



Jasmyne Crews
North Carolina Central
University Intern 2023



Mette Berg
Accountant



Sara Stanley
webmaster



Mia Spreng
University of North
Carolina, Greensboro
Intern 2023



Shantel Campbell
North Carolina Central
University Intern 2023



**Grant
Submissions
and
Awards**

GRANTOR	GRANT AMOUNT	PURPOSE AND NAME OF GRANT
<ul style="list-style-type: none"> Durham Co. Dept of Public Health Yr. 2023-24 (July to June) 	\$10,000	Supporting Community Empowerment Program
2. NC CEAL Community-Campus Partnership for Health	\$10,000 \$10,000 2024 (pending)	Supporting the May meeting and supporting C.O.V.I.D. Communities Overcoming Vaccination Information Distrust
3. LTGTF Commissioners	\$20,000	Supporting organ donation registration awareness and living wills
4. The Forest at Duke	\$25,000	Supporting Overall Mission "Community Partners"
5. Center for Black Health and Equity	\$25,000 \$30,000 (2024-2025)	Supporting School Meals For All NC
6. Triangle Capacity Building Network	\$27,000 2023 \$25,000 2024 \$25,000 2025	Building Sustainability

GRANTOR	GRANT AMOUNT	PURPOSE AND NAME OF GRANT
7. Food Bank of Central and Eastern NC	Food	Serving as a food distribution site and delivering food
8. Service Agreement Dr. Jamila Minga Duke	\$6,500	Providing outreach and community support for research
9. BCBSNC	\$10,000	Support food insecurity in communities in Durham and surrounding areas
10. Anonymous	\$25,000	Unrestricted



2023 Community Engagement Highlights and Collaborations

Our staff, interns, nurses and volunteers preformed **266** Glucose, **315** Blood Pressure Checks and provided **215** Colon Screening test in our communities.



Our CHC staff, Duke University Physician Assistant students and volunteers trained over **100** community members in Hands Only CPR



Community Health Coalition, The Center for Black Health and Equity, The Greensboro Chapter of The Links Incorporated and the N.C. Division of Motor Vehicles provided our School for ALL NC awareness campaign and town hall to reach over **150,000** individuals in 14 designated DMV locations across NC.

THE CENTER FOR BLACK HEALTH & EQUITY AND COMMUNITY HEALTH COALITION PRESENT ...

 **School Meals FOR ALL NC**

TOWN HALL
JOIN US IN PERSON OR VIA ZOOM!

FRIDAY **OCTOBER 13**
12:00pm - 2:00pm

 919-470-8688

 The Conference Center,
Guilford Technical Community College

LUNCH PROVIDED FOR IN PERSON ATTENDEES
contact@communityhealthcoalition.com

 THE CENTER FOR
BLACK HEALTH & EQUITY

 COMMUNITY
HEALTH COALITION
Improving the Health of Durham

 The Links,
Incorporated
Linked in Friendship. Grounded in Service.
Greensboro (NC) Chapter





With the support of our Faith-Based organizations, Community Health Coalition is a Partner Agency and designated food pantry for the Food Bank of Central and Eastern North Carolina! Serving **16,799** household members!



Our partner with MedAssist afforded Community Health Coalition to provide free over-the-counter medications to those in need. CHC dispensed medication to **422** households.



Our Partnerships with NC CEAL and Durham County
Department of Public Health helped Community Health
Coalition provide our communities with Covid-19
information, education and free COVID-19 test!



FREE DIAPERS **FREE FEMININE PRODUCTS** **FREE FOOD** **FREE KIDS BOOKS**

FREE Health Screenings, along with FREE Giveaways, a DJ, Line Dancing, FUN kids activities and the Durham Tech Mobile Health Unit will be onsite!

Durham Tech Community College
Bldg 10: Phail Wynn, Jr. Student Services Ctr
1637 East Lawson Street
Durham, NC 27703

Saturday March 18, 2023
12 noon - 2 pm

Black Family Wellness Expo
The Links, Incorporated
Scan Here



Durham (NC)
Triangle Park (NC)
Chapters of
The Links,
Incorporated

NATIONAL IMPACT DAY OF SERVICE



Women's Health Awareness 2023
Transforming Communities by Enhancing Women's Health

Saturday, April 15, 2023
North Carolina Central University

Activities of the Day
8:00 a.m. – 5:00 p.m. EDT
Mary Townes Science Building
1900 Concord St., Durham, NC 27707

A Women's Wellness Conference
FREE health screenings, health education sessions, healthy living sessions, and health resources.
What you learn could save your life!

Registration is free.
Register early for a courtesy lunch sponsored by Duke University Hospital. Early registration ends **Saturday, April 1, 2023**. On-site registration available day of event. Register at <https://niehs.nih.gov/womenshealthawareness>.


Celebrating 9 Years



THE RIVER CHURCH PRESENTS

AUG 12
11AM-1PM

Back to School Bash



1. Backpacks
2. Haircut Giveaways
3. Vendors
4. Health Fair
5. Education Resources


4425 BEN FRANKLIN BLVD. DURHAM, NC 27704
www.THERIVERDURHAM.com

CHC in the community!

A CATCH 5 in 5 Event


Building a Better You
A Community Wellness Event

Saturday, July 8
10 a.m. - 2 p.m.
Hayes-Taylor YMCA
2630 E. Florida St.
Greensboro, NC 27401



Join Cone Health and over 20 community partners for access to:
Free Lunches | Health Screenings | Entertainment | Job Resources
Family Resources | Children's Play Area | Mental Health Resources
Raffles | Primary Care Connections | Housing Assistance | and more!

Presented by
Center for Health Equity
in partnership with




VETERANS RESOURCE FAIR & STAND DOWN
DURHAM

SEPTEMBER 16, 2023
8:30 AM - 2:00 PM

2601 Hillsborough Rd
Durham, NC 27705

FOR MORE INFORMATION VISIT:
thejoelfund.org/veterans-stand-down-and-resource-event/



School Meals FOR ALL NC

TOWN HALL
OCT 13
12pm - 2pm EST
The Conference Center
Guilford Technical Community College
LUNCH PROVIDED FOR IN PERSON ATTENDEES

JOIN US IN PERSON OR VIA ZOOM!
REGISTER HERE:
<http://bit.ly/SMFANCCofaxRegistration>

MEET OUR SPEAKERS

HOST
DR. RUTH PHILLIPS
Community Health Coalition

MODERATOR
TRACEY MCCAIN BARBEE
Award-Winning Journalist

PANELIST
KATIE HERNDON DAWKINS
North Carolina Alliance for Health

PANELIST
GLADYS ROBINSON
NC State Senator, District 28

PANELIST
KAYLA HOLLAND
The Center for Black Health & Equity

THIS IS A FREE EVENT

CHC with our License to Give Organ Donation grant, we have partnered with The Duke Law Students to help our community members with health care power of attorney and advance directive documents free of charge!



Improving the Health of Durham
& NC Communities since 1989

The Will to Give

You are invited to a FREE legal clinic offered by Duke Law's Health Care Planning Project and the Community Health Coalition in which volunteer law students working under attorney supervision draft health care power of attorney and advance directive documents FREE of CHARGE. And, Community Health Coalition will also discuss the facts of organ donation. You may register to be an organ donor if you desire. *Organ Donors are Life Donors! It is Your Will to Give.* These services are optional.

Residents should bring a valid photo ID. Snacks will be provided

Appointments are first come, first-served and typically take one hour.

You are invited!

Community Health Coalition
Community Health and Wellness

BLOCK PARTY

We are excited to celebrate and share our impact in the communities we serve with you along with our seniors and individuals living in underserved communities in Durham!

This year, our Annual May meeting is an outdoor event that will provide food, health and wellness information, screenings, music and fun!

SINCE 1989, COMMUNITY HEALTH COALITION (CHC), A NON-PROFIT ORGANIZATION, HAS SERVED DURHAM AND SURROUNDING COUNTIES CONNECTING PASSIONATE LEADERS AND DOERS IN THE COMMUNITY TO ACHIEVE ONE UNITED GOAL; HEALTH EQUITY FOR EVERYONE!

Friday
May
19
4pm-6pm

Morreene Road
Community Center
3412 Glasson St.
Durham, NC 27705

Hope you can join us in the communities we serve!
For more information, please visit our website
Communityhealthcoalition.com or
call (919)470-8680



COMMUNITY HEALTH COALITION HEALTH AND WELLNESS BLOCK PARTY



THANK YOU!

SPONSORS



Along with speaking engagements, our Monthly health tips are still a trusted resource reaching over 4,000 subscribers each month

Community-Campus Partnerships for Health, CCPH and UNC School of Medicine panel speaker for the 'Community Forum: Co-Creating Community-Centered Emergency Action Plans.'

Hidden Manna Ministries Leadership Symposium

The Importance of Womens' Mental Health and Overall Well-being

Partnering with Duke to Advance Trustworthiness in Healthcare and Research

Duke Student Collaborative on Health Policy (SCOHP)

Board of Education Granville County



Cheers To Your Health! Dr. Ruth Gilliam Phillips,
Executive Director,
Community Health Coalition

A MESSAGE FROM THE EXECUTIVE DIRECTOR

January, the start of a new year and time to make new resolutions and promises to ourselves. If you are like me, some of those resolutions, promises, and commitments fall short before February begins, especially when it comes to taking care of ourselves. Does that statement seem familiar? It should because I wrote the same thing last year! Trying again in another year is STILL ok! Falling short and/or reassessing is ok. **Not trying is not ok.** Most of us know eating healthy and exercising are keys to good health. However, we often push it aside when life throws us curve balls we aren't ready to catch and/or didn't see coming. Nevertheless, through it all, you must remember to take care of you!

Let's do something different this year! Challenge yourself to make some small changes that could have a big impact on your health in 2024 and beyond.

Reducing Carbohydrates. Reduction of white bread, pasta, rice, potatoes and sugary drinks (soda and fruit juices, sports drinks, etc.) can lead up to 15lbs of weight loss or more in one year. For those who may be diabetic or pre-diabetic, reduction of carbohydrates (complex sugars) and sugary drinks is key to reducing and/or keeping your blood sugar at normal levels.

Practice Meatless Mondays or Vegan Fridays! Eating a plant-based diet even once a week has health benefits for example reducing cholesterol, blood pressure and aiding weight loss.

It is so important to free your mind! A healthy mind is part of a healthy body! Identify the stressors in your life and get help navigating, reducing and/or removing those stressors.

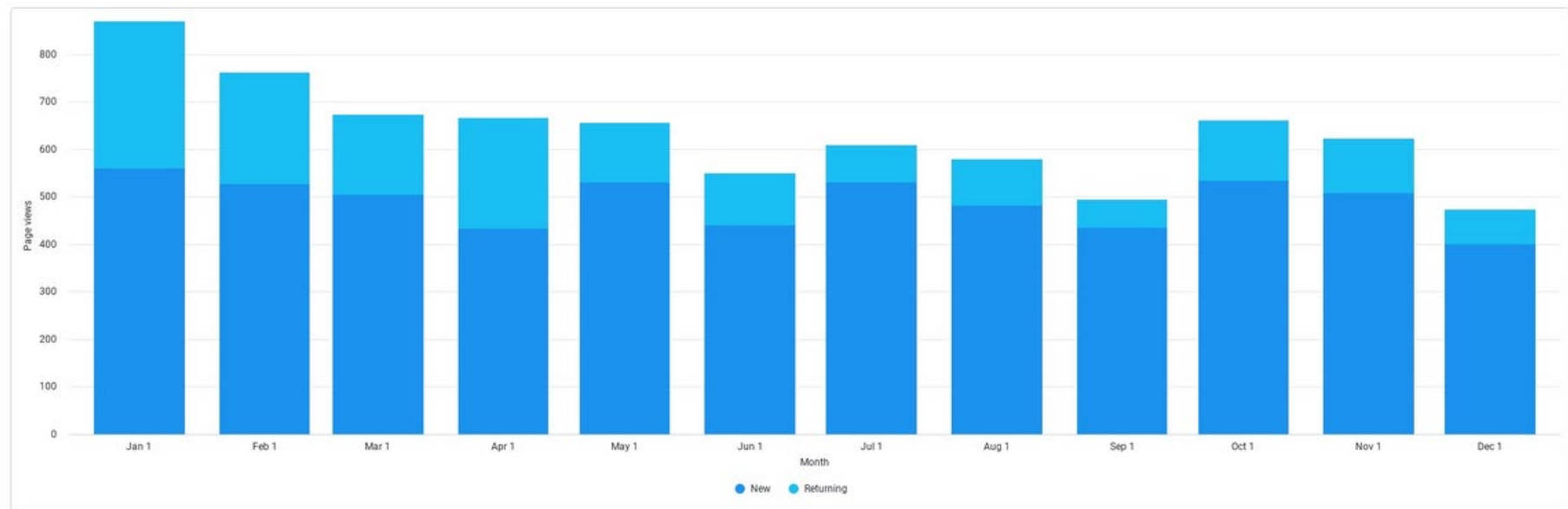
It is absolutely OK to get and ask for help and support!
Suicide and Crisis Lifeline - Dial 988-available 24 hours a day



Website Activity

Traffic Over Time (split, bar chart)

Select a time period is previous year Group by is Month Select a measure is Page views Split by is Visitor type Exclude bots is Yes

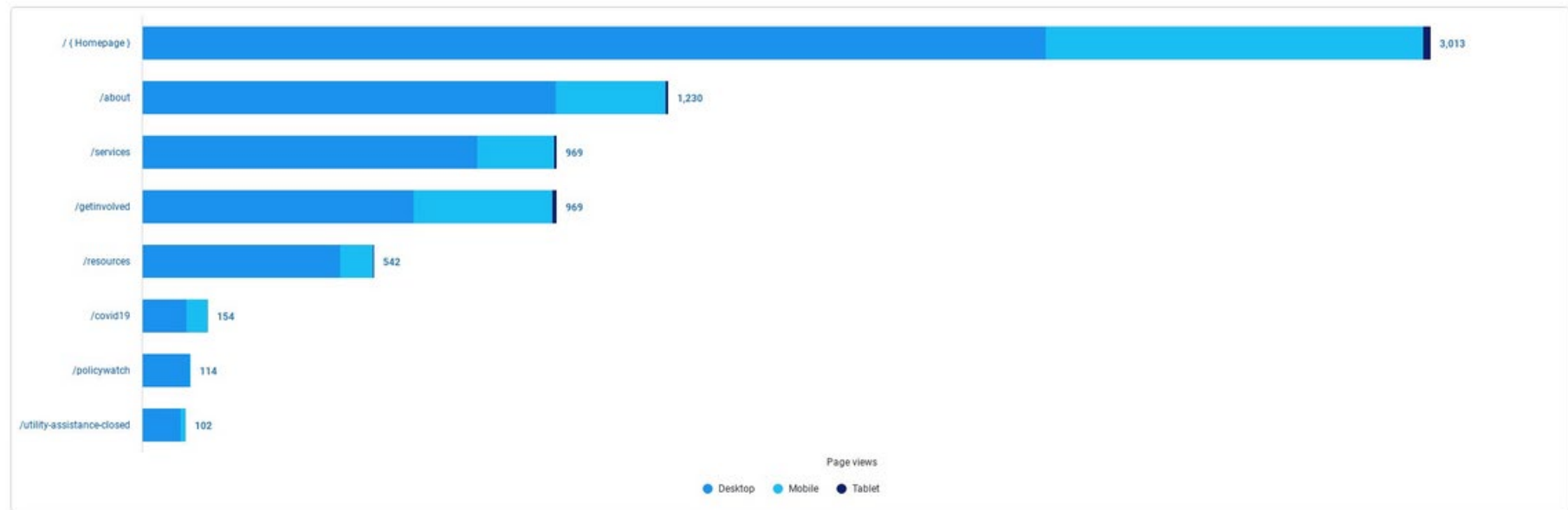


Generated by Looker on January 18, 2024 at 6:04 PM UTC



Page Visits (split bar)

Select a time period is previous year Top pages is 8 Select a measure is Page views Split by is Device type Exclude bots is Yes



Generated by Looker on January 18, 2024 at 6:00 PM UTC

On the Horizon for Community Health Coalition

Upcoming Board Retreat January 27, 2024

Check Presentation to CHC from the State by Representative Zack Hawkins, January 27, 2024

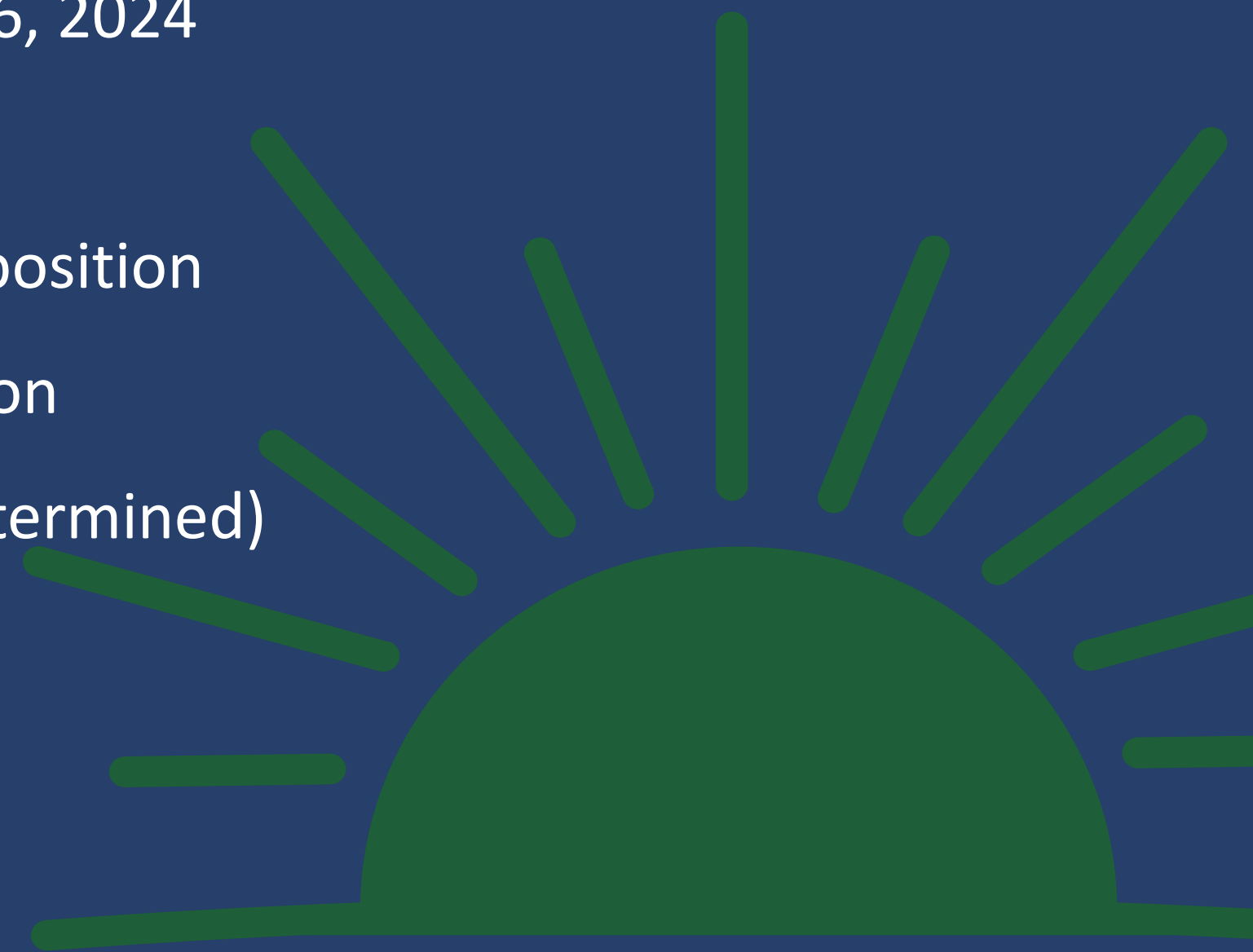
2 NC Central Interns February 16, 2024

Intern(s)SECU

Resource Development Officer position

Office Administrator position

May Meeting 2024 (Date to be determined)

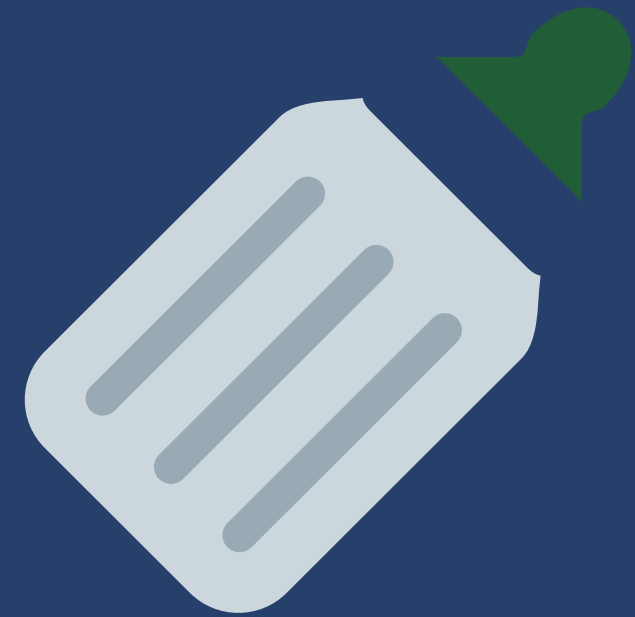


Thank you to our dedicated staff, board members, volunteers, grantors and supporters! We are still in alignment with our mission to achieve health equity for everyone and eliminate racial health disparities in Durham and surrounding areas through education and engagement.





Please welcome Mazion, the newest member
of our Community Health Coalition Family!





**Thank you for your continued support
of Community Health Coalition!**